We require a pregnancy test before certain medical tests can be done for girls who have started their periods. Medical tests requiring a pregnancy test are:

- Anesthesia (drug that puts you to sleep)
- Sedation (drug that has a calming effect)
- Placement of radioactive isotopes (special medicine)
- Tests that require x-ray procedures with special medicines to the stomach, hips or the upper part of the legs.

Patient Preparation

**Upper GI Series, Small Bowel Series (Pharynx, Esophagus, Stomach and Small Bowel)**

- 0-2 years:
  - No solid foods after midnight (may have liquids, including formula)
  - Nothing by mouth for 3 hours prior to exam

- 2-18 years:
  - No foods after midnight
  - Nothing by mouth for 4 hours prior to exam
  - No chewing gum on the day of the exam

**Double Contrast (Barium) Enema**

- Polyps
- Rectal bleeding

- 10-16 years:
  - Low residue diet for 48 hours prior to the exam
  - Clear liquid diet for 24 hours prior to the exam
  - No milk or milk products for 24 hours prior to the exam
  - Nothing by mouth for 4 hours prior to exam
  - Two (2) ounces of castor oil in grape juice or root beer at 4 p.m. on the day preceding the exam
  - Pediatric Fleet enema at 8 p.m. the evening prior to the exam
  - Pediatric Fleet enema 3 hours prior to the exam

- Over 16 years:
  - Same prep as 10-16 years except use an Adult Fleet enema

**Esophagus, Barium Swallow (Pharynx, Esophagus)**

- All ages:
  - Nothing by mouth for 2 hours prior to exam

**Air Enema**

- Intussusception
- No prep

**Contrast Enema (Colon) for Chronic Constipation**

- No prep

**GENTOURINARY TRACT:**

### IVP

- No prep for painful hematuria/stones
- Prep if patient not having pain

### VCUG

- All ages:
  - Nothing by mouth 2 hours prior to exam

- 0-2 years:
  - No special preparation is required

- 2-18 years:
  - No special preparation is required in children with abdominal trauma or other acute abdominal conditions necessitating IVPs or Barium Enema

- Over 16 years:
  - Same prep as 10-16 years except use an Adult Fleet enema

**Ultrasound Exam Preps (Abdomen, Gallbladder, Liver [Hepatic], Pancreas)**

- Birth to 2 years old (less than 25lbs):
  - Nothing by mouth 2 hours before exam (includes all foods, snacks, gum, hard candy and all liquids)

- 3 to 8 years old:
  - Nothing by mouth 6 hours before exam (includes all foods, snacks, gum, hard candy and all liquids)

- 8 years and older:
  - Nothing by mouth 8 hours before exam (includes all foods, snacks, gum, hard candy and all liquids)
  - Small amount of water, if needed, to take medication

**Kidney (Renal)**

- No carbonated drinks for the 12 hours prior to the exam

**Pelvic Bladder**

- No voiding

**Head, hip, pyloric, soft tissue, testicle, thyroid**

- No prep